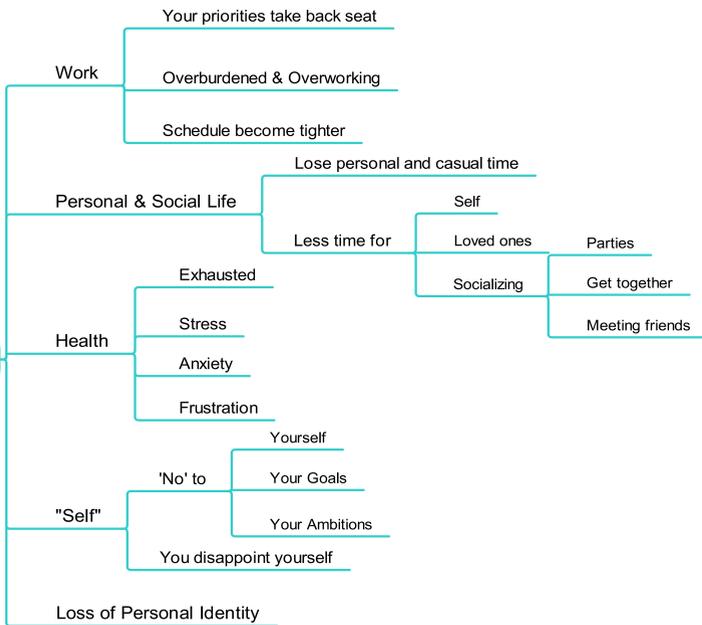


# Mindmap of Ideas from the Book "Know to Say No"

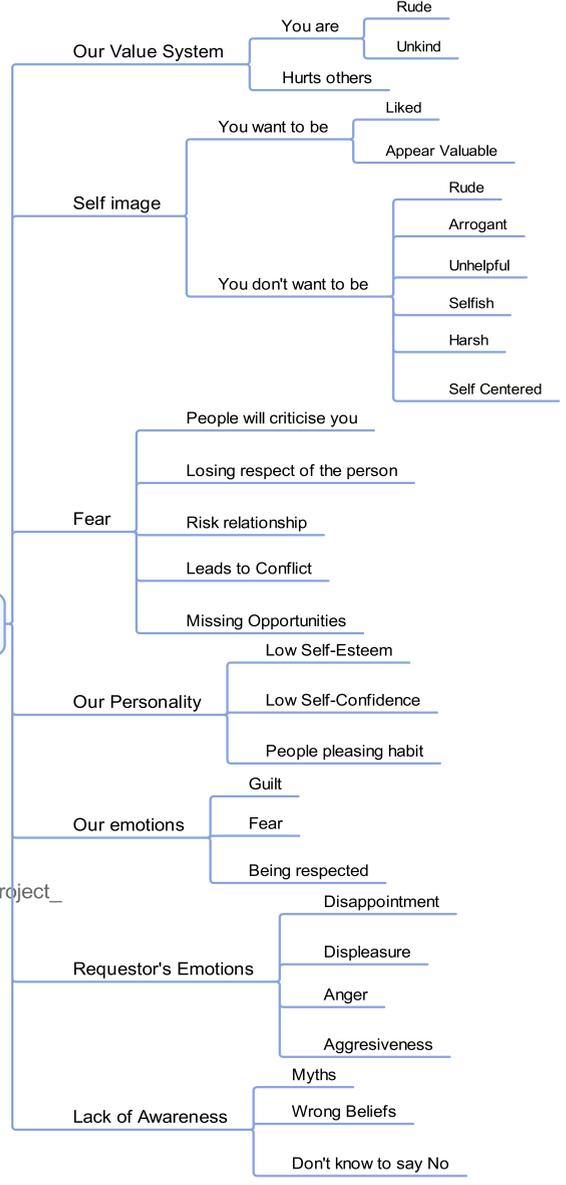
Authored by Venkatesh Jayaraman

Know to Say No

## 1. Impact of telling 'Yes'



## 2. Why is it difficult to say 'No'



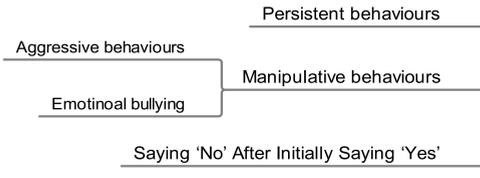
## 3. Clear myths around 'No'



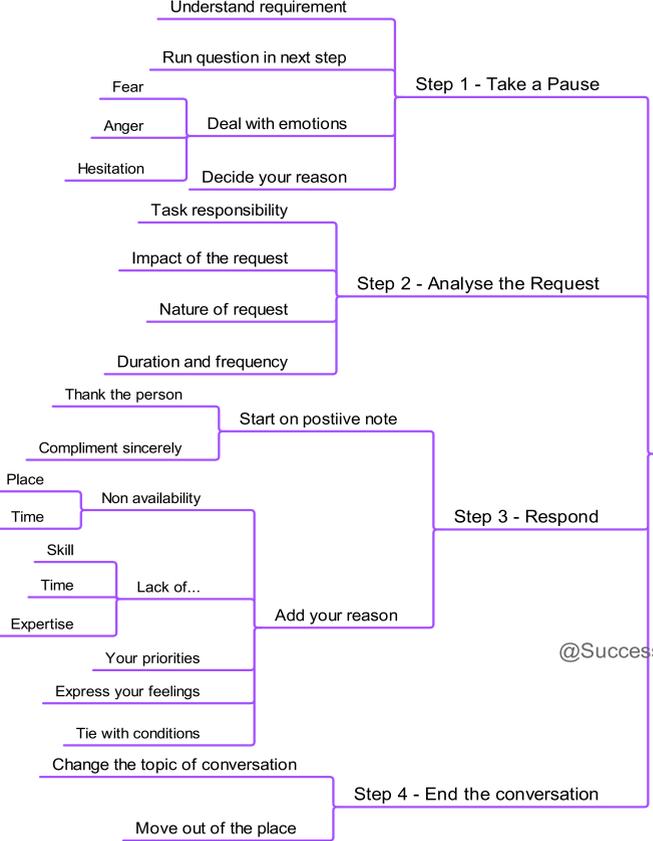
## 8. Tips to Start



## 7. Exceptional situations



## 6. How to Say 'No'



@SuccessProject\_

## 5. Behaviours needed to say 'No'



## 4. Rules for saying 'No'

